

Lakeland Board of Education

Monitoring: Review: Annually, in May	Descriptor Term: Prevention and Treatment of Sports Related Concussions	Descriptor Code: 6.413	Issued Date: Click here to enter a date.
		Rescinds:	Issued:

1 A concussion is a traumatic brain injury caused by a direct or indirect blow to the head or body. In
 2 order to ensure the safety of students that participate in interscholastic athletics, it is imperative that
 3 student athletes, coaches, and parents are educated about the nature and treatment of sports related
 4 concussions. The Board recognizes that concussions can be a serious health issue and should be
 5 treated as such.

6 The Board adopts the guidelines and other pertinent information and forms developed by the
 7 Tennessee Department of Health to inform and educate coaches, school administrators, student
 8 athletes, and parent(s) / guardian(s) of the nature, risk and symptoms of concussions and head injuries.
 9 These guidelines and materials may be viewed on the Department of Health's website and shall be
 10 made available to interested parties through the Central Office.

11 This policy shall govern all activities and those individuals involved in those activities which constitute
 12 an organized athletic game or competition against another team or in practice or preparation for an
 13 organized game or competition. It does not govern those activities or individuals involved in those
 14 activities which are entered into for instructional purposes only or those that are incidental to a
 15 nonathletic program or lesson.

16 **REQUIRED TRAINING ¹**

17 The director of schools shall ensure that each school's athletic director and coaches, employed or
 18 volunteer, annually complete the *Concussion in Sports – What You Need to Know* online course. This
 19 course may be accessed online at www.nfhslearn.com.

20 Prior to the annual initiation of practice or competition, the following persons must review and sign a
 21 concussion and head injury information sheet approved by the Tennessee Department of Health: the
 22 director of schools, licensed healthcare professionals (if appointed), each school athletic director, and
 23 each coach, employed or volunteer.

24 In addition, prior to the annual initiation of practice or competition, all student athletes and their
 25 parent(s) / guardian(s) shall review the concussion and head injury information sheet approved by the
 26 Tennessee Department of Health. A form confirming this review shall be signed and returned by the
 27 student athlete, if the athlete is eighteen (18) years of age or older; or by the student athlete's parent(s) /
 28 guardian(s), for athletes younger than eighteen (18) years of age.

29 All documentation of the completion of a concussion recognition and head injury safety education
 30 course program and signed concussion and head injury information sheets shall be maintained by the
 31 director of schools or his/her designee for a period of three (3) years.

1 Removal from Athletics¹

2 Any student athlete who shows signs, symptoms and/or behaviors consistent with a concussion during
3 an athletic activity or competition shall be immediately removed for evaluation by a licensed
4 healthcare professional, if available, and if not, by the coach or other designated individuals.

5 No student athlete who has been removed from an athletic activity or competition due to a concussion
6 or suspected concussion shall be allowed to return to any supervised team activities involving physical
7 exertion, including games, competitions, or practices, until the student athlete has been evaluated by
8 and received written clearance on forms approved by the Department of Health from a licensed health
9 care provider for a full or graduated return. "Health care provider" means a Tennessee licensed
10 medical doctor (M.D.), osteopathic physician (D.O.), or a clinical neuropsychologist with concussion
11 training.

12 This requirement for clearance prior to a student athlete returning to an athletic activity shall not apply
13 if there is a legitimate explanation other than a concussion for the signs, symptoms, and/or behaviors
14 observed.

15 The director of schools or his/her designee shall ensure that all protocols approved by the Tennessee
16 Department of Health or required by law relative to the provisions of this policy are followed and
17 implemented within each school.

Legal References

1. TCA 68-55-502